

Lunch at Wildflower Cafe



Soups

Wildflower Seafood Chowder

Cup \$4.45 Bowl \$5.95

Chef's Fresh Soups

Ask about today's selection

Salads

Salad dressing made in house

Chicken Caesar Salad \$9.75

Romaine hearts, croutons, and
homemade dressing with parmesan cheese

substitute Shrimp or Salmon \$11.45

Chicken Salad \$9.75

White chicken, celery,
grapes, pecans, in our special dressing
served on fresh greens

Tuna Salad \$9.95

Tuna salad served on fresh greens
with boiled egg, tomato and
traditional garnish

Shrimp Salad \$10.95

Succulent shrimp lightly
tossed in lemon-lime mayo on crisp lettuce,
eggs, tomato and cucumber

Cobb Salad \$9.95

Sliced chicken breast over
Romaine lettuce, tomato, egg, bacon and
blue cheese crumbles

Chef's Salad \$9.50

Julienne of ham, turkey, Swiss and
Cheddar cheese, boiled eggs and
tomato on crisp lettuce

Waldorf Salad \$9.95

Sliced chicken breast, walnuts,
apples, with lemon citrus dressing
served on fresh greens

Tropical Spinach Salad \$10.95

Fresh baby spinach, mushrooms,
red onions, bacon and egg crumbles, with
cranberry fruit vinaigrette

Greek Salad \$8.95

Fresh greens, with tomatoes, olives,
cucumbers and feta cheese served with
lemon and fresh basil dressing

Visit us at www.wildflowercafe.com

18% gratuity may be added to parties of six or more and separate checks

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Sandwiches

From the Grill

Served with homemade deli chips and pickle spear. Substitute fries for \$1.00

Shrimp Roll \$9.95

Succulent shrimp lightly tossed in lemon-lime mayo dressing served with sprouts and tomatoes in a tortilla

California Wrap \$8.95

Oven roasted turkey, Smoked Gouda cheese, tomato, cucumbers and sprouts with avocado mayo, wrapped in a tortilla

Classic Club \$9.95

Ham, turkey, bacon, Swiss cheese, lettuce, tomato and Mayonnaise on your choice of toasted bread

BLT \$6.95

Thick sliced bacon, lettuce, tomato and mayonnaise on your choice of bread

Chicken Tenders \$7.50

All white meat tenders fried golden brown. Served with French fries.

Tuna Salad

Croissant \$9.95

Freshly made tuna salad on a flaky croissant with lettuce and tomato

Crab Cake Sandwich \$11.95

Zesty blue crab cake grilled on Kaiser roll

Beer Batter Tilapia \$9.95

Dipped in our special beer batter served on Kaiser roll with tomato, crunchy sprouts and tartar sauce

Grilled Tuna Melt \$8.50

Fresh made tuna salad, Swiss cheese, tomato on grilled flat bread

Wildflower ½ lb.

Cheese Burger \$9.95

Grilled the way you like it.
American cheese, lettuce, tomato and onion

Add Sautéed mushrooms
or bacon \$1.00 each

Tuscany Panini \$9.95

Grilled chicken breast, peppers, fresh spinach, garlic mayo, Provolone cheese, grilled on Italian Panini bread

Turkey Monte Cristo Panini \$9.50

Oven roasted turkey breast, layered with smoked gouda and cranberry mayo, grilled on Italian Panini bread

Pittsburgh Deli

Reuben \$8.95

Grilled rye, piled high with corned beef or turkey, melted Swiss cheese, sauerkraut and 1000 Island dressing

Three Cheese Grill \$5.95

With Swiss, cheddar and provolone on your choice of bread

Grilled Cuban

Sandwich \$9.95

Oven roasted pork, baked ham, Swiss cheese & garlic pickles sliced thin with light mayo & mustard grilled golden brown

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