

# Lunch at Wildflower Cafe



## Soups

### Wildflower Seafood Chowder

*Cup \$6.25 Bowl \$8.25*

### Chef's Fresh Soups

*Ask about today's selection*

*Cup \$5.95 Bowl \$6.95*

## Salads

Salad dressings made in house

### Chicken Caesar Salad \$10.75

*Romaine hearts, homemade dressing and croutons with parmesan cheese substitute Shrimp or Salmon \$15.95*

### Chicken Salad \$10.75

*White chicken, celery, grapes, pecans, in our special dressing served on fresh greens*

### Tuna Salad \$11.95

*White Albacore tuna salad served on fresh greens with boiled egg, tomato and traditional garnish*

### Shrimp Salad \$12.95

*Succulent shrimp lightly tossed in lemon-lime mayo on crisp lettuce, eggs, tomato and cucumber*

### Cobb Salad \$11.95

*Sliced chicken breast over mixed greens, tomato, egg, bacon and blue cheese crumbles*

### Chef's Salad \$11.95

*Julienne of ham, turkey, Swiss and Cheddar cheese, boiled eggs and tomato on crisp lettuce*

### Waldorf Salad \$11.95

*Sliced chicken breast, walnuts, apples, with lemon citrus dressing served on fresh greens*

### Greek Salad with Grilled Chicken \$11.95

*Fresh greens, with tomatoes, olives, cucumbers and feta cheese served with lemon and fresh basil dressing*

Visit us at  
[www.wildflowercafefl.com](http://www.wildflowercafefl.com)

18% gratuity may be added to parties of six or more and separate checks

# Lunch at Wildflower Cafe



## Sandwiches

## From the Grill

Served with homemade deli chips and pickle spear. Substitute fries for \$1.50

### Shrimp Roll \$11.95

*Succulent shrimp lightly tossed in lemon-lime mayo dressing served with tomatoes wrapped in a tortilla*

### California Wrap \$10.95

*Oven roasted turkey, Smoked Gouda cheese, tomato, cucumbers and lettuce with avocado mayo, wrapped in a tortilla*

### Classic Club \$10.95

*Ham, turkey, bacon, Swiss cheese, lettuce, tomato and Mayonnaise on your choice of toasted bread*

### BLT \$7.95

*Four thick sliced bacon, lettuce, tomato and mayonnaise on your choice of bread*

### Chicken Tenders \$9.95

*Hand breaded, all white meat tenders fried golden brown. Served with French fries.*

### Tuna Salad

### Croissant \$11.95

*Freshly made tuna salad on flaky croissant with lettuce and tomato*

### Crab Cake Sandwich \$13.95

*Zesty blue crab cake grilled on Kaiser roll, served with lettuce and tomato*

### Iron City Beer Batter

### Tilapia \$11.95

*Dipped in our special beer batter served on Kaiser roll with tomato, lettuce and tartar sauce*

### Grilled Tuna Melt \$11.50

*Fresh made white Albacore tuna salad, Swiss cheese, tomato on grilled flat bread*

### Wildflower ½ lb.

### Cheese Burger \$10.95

*Grilled the way you like it. American cheese, lettuce, tomato and onion*

*Add Sautéed mushrooms or bacon \$1.25 each*

### Tuscany Panini \$10.95

*Grilled chicken breast, peppers, fresh spinach, garlic mayo, Provolone cheese, grilled on Italian Panini bread*

### Turkey Monte Cristo

### Panini \$10.50

*Oven roasted turkey breast, layered with smoked gouda and cranberry mayo, grilled on Italian Panini bread*

### Pittsburgh Deli

### Reuben \$10.95

*Grilled rye, piled high with corned beef or turkey, melted Swiss cheese, sauerkraut and 1000 Island dressing*

### Three Cheese Grill \$8.95

*With Swiss, cheddar and provolone on Panini bread*

### Grilled Cuban

### Sandwich \$11.95

*Oven roasted pork, baked ham, Swiss cheese & pickles sliced thin with light, garlic mayo & mustard grilled golden brown*

18% gratuity may be added to parties of six or more and separate checks

# Lunch at Wildflower Cafe



18% gratuity may be added to parties of six or more and separate checks